

## Job Specification - Midlands Casual Rugby Coach

### Introduction

At 3Pillars Project, we're committed to empowering those we work with to reach their full potential. We believe in the power of sport and human performance—The will to succeed. Our approach underscores our belief that everyone has the capacity for greatness. We foster a culture of empowerment and a growth mindset within our team, recognising the innate abilities of each member to overcome challenges and strive for excellence. This philosophy extends to all individuals we support, including those in prison. With determination, resilience, and a dedication to personal development, we believe that extraordinary achievements are attainable for everyone.

### Background

3Pillars Project utilises sport-based mentoring to engage vulnerable young people in prison and the community, with the goal of fostering long-term support and facilitating positive contributions to society.

### The Position

3Pillars Project is seeking rugby coaches to become part of our programme, delivering sports-based engagement and mentoring in young offender institutions and adult prisons, based in the Midlands on paid day rates. This role involves conducting coaching sessions and contributing to the delivery of course content 1 day a week for 8 weeks. Alongside rugby delivery the course also delivers mindset workshops and the Level 1 Sports Leader qualification. We offer a rate of £150 per day and additional expenses, such as travel and excellent training. A valid and in date Enhanced DBS check are essential and the willingness to undergo prison vetting.

### Responsibilities:

#### Coaching Sessions:

- Co-deliver engaging coaching sessions to cohorts of young men in a young offenders institution and/or adult prison
- Support the delivery of Level 1 Sport Leadership Award qualifications and personal development workshops
- Establish and nurture mentoring relationships with programme participants
- Keep accurate case notes on participant progress
- Ensure adherence to health and safety policies during all activities
- Record and submit programme expenses accurately and in a timely manner
- Act as an Ambassador for the Charity, maintaining a positive and professional image

## **Qualifications and Requirements:**

- Enhanced DBS\*
- Availability on either Tuesday's, Wednesday's or Thursday's.
- Coaching experience / rugby coaching qualification
- Immediate availability for a fixed-term position
- Experience in coaching and mentoring
- Knowledge of health and safety policies
- Excellent organisational and communication skills.

## **Compensation:**

- £150 per day
- Travel covered

If you meet the criteria, and are passionate about making a positive impact through sports-based engagement and mentoring, we encourage you to apply for this rewarding opportunity. Please submit your application, including a CV to [info@3pillarsproject.com](mailto:info@3pillarsproject.com)

\*We actively support the recruitment of and employ people who have been in prison. We will not discriminate on the basis of a criminal record, but given the nature of our work, applicants must be able to work with children, demonstrated by an Enhanced DBS check. Applicants should also be able to gain prison service clearance in order to enter prisons. This may be delayed if the applicant has served a custodial or suspended sentence.